



**File: AR-IHAM/IHAMB**

### **HEALTH/SEX EDUCATION**

The Aspen Ridge Preparatory School Board of Directors is committed to a health education program as a component of each student's general education. Such education shall be in support of a parent or guardian's responsibility to assist their child in developing positive, lifelong health habits and value systems, and provide support for their attitudes and beliefs. Also, the Board of Directors believes that the purpose of sex education is to help students acquire factual knowledge which will result in responsible behavior that contributes to the well-being of the individual, the family and society. The Board recognizes that parents have the primary responsibility to assist their children in developing moral values and attitudes. Therefore, all human sex education will be an opt-in program, which requires a permission slip to be included. Aspen Ridge Preparatory School will support parent's efforts in these areas by offering students factual and age-appropriate information, as determined by the Aspen Ridge Preparatory School Board of Directors.

The health education programs shall emphasize an age-appropriate approach to health information and the skills and knowledge necessary for students to understand and appreciate the functioning and proper care of the human body. Instruction will follow the Core Knowledge Scope and Sequence along with Colorado State standards pertaining to the human body, and students should be taught care of the human body as it relates to the sequence. .

In addition to the requirements listed below, Aspen Ridge Preparatory School regulations concerning the approval of new curriculum shall apply to any courses dealing with health and sex education offered by the school.

1. Instructional materials to be used in the health and sex education programs shall be available for inspection by the public during school hours.
2. Parents/guardians of all students shall be provided with a syllabi at the beginning of class listing course topics. They will be given written notice that such courses have been scheduled and that they may request that their child opt-out of specific pieces of the program.
3. Teachers who provide instruction in health/sex education shall have adequate training in the subject area.
4. Professional or trained community members may be invited to classes, with administrative approval, to cover specific health topics. In such situations, the teacher responsible for the class

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should be present for the entire presentation and discussion time. All guests must adhere to established ARPS volunteer policies.

Human reproduction will not be covered in grades K-4. When the topic appears in the Core Knowledge Scope and Sequence, in grades 5-6, human reproduction will be covered from a biological stand-point, only.

LEGAL REF.: C.R.S. 22-25-106 (4)  
C.R.S. 22-25-110 (2)

CROSS REF.: AR-IGA, Curriculum Development  
AR-IGD, Curriculum Adoption  
AR-IMB, Teaching about Controversial/Sensitive Issues